



STEVNEPROTOKOLL

Norges Styrkeløftforbund

PROTOKOLLER UTEN LISENSNUMMER GODKJENNES IKKE!

Stevnetype: Nasjonalt U/JR

Arrangør: Brumunddal AK

Sted: Brumunddal

Stevneleder: Tore Kristiansen

Dato: 24.06.2006

Sekretær: Øyvind/Ove

Kr. vekt	Vekt kl.	A. Gr.	St. nr.	Navn	Lisens nummer	Lag	KNEBØY			BENKPRESS			MARKLØFT			SUM	Nr.	EXTRA 4. LØFT	POENGSUM	Nr.	
							1	2	3	1	2	3	SUM	1	2	3					TOT
56,3	60	U		Gro Johansen		Sande KK	<u>92,5</u>	<u>95,0</u>	<u>102,5</u>	<u>42,5</u>	<u>42,5</u>	<u>45,0</u>	137,5	<u>85,0</u>	<u>90,0</u>	<u>90,0</u>	227,5	1		266,56175	2
64,9	67,5	U		Celina K.Tunstrøm		Sande KK	<u>95,0</u>	<u>100,0</u>	<u>105,0</u>	<u>72,5</u>	<u>72,5</u>	<u>72,5</u>	100,0	---	---	---	---	---	---	---	
64,9	67,5	U		May Gulbrandsen		Sande KK	<u>90,0</u>	<u>97,5</u>	<u>100,0</u>	<u>57,5</u>	<u>62,5</u>	<u>65,0</u>	162,5	<u>105,0</u>	<u>105,0</u>	<u>140,0</u>	267,5	1		280,95525	1
67,8	75	U		Marthe Ås		Fræna AK	<u>50,0</u>	<u>55,0</u>	<u>62,5</u>	<u>40,0</u>	<u>42,5</u>	<u>42,5</u>	95,0	<u>95,0</u>	<u>100,0</u>	<u>105,0</u>	200,0	1	<u>110,0</u>	203,48000	3
66,9	67,5	U		Jonas Ås		Fræna AK	<u>130,0</u>	<u>140,0</u>	<u>140,0</u>	<u>90,0</u>	<u>100,0</u>	<u>105,0</u>	245,0	<u>160,0</u>	<u>170,0</u>	<u>177,5</u>	415,0	1		322,28900	5
67,4	67,5	U		Kristian Fatland		Hommersåk AK	<u>145,0</u>	<u>155,0</u>	<u>165,0</u>	<u>85,0</u>	<u>90,0</u>	<u>90,0</u>	245,0	<u>145,0</u>	<u>155,0</u>	<u>165,0</u>	410,0	2		316,47900	7
66,0	67,5	U		Magnus Jessen		Skogn IL	<u>130,0</u>	<u>140,0</u>	<u>140,0</u>	<u>75,0</u>	<u>77,5</u>	<u>85,0</u>	215,0	<u>135,0</u>	<u>145,0</u>	<u>145,0</u>	350,0	3		274,82000	9
85,8	90	U		Martin Ringsrud		Brumunddal AK	<u>195,0</u>	<u>200,0</u>	<u>210,0</u>	<u>140,0</u>	<u>150,0</u>	<u>155,0</u>	355,0	<u>185,0</u>	<u>195,0</u>	<u>200,0</u>	555,0	1		363,46950	3
85,5	90	U		Rune Larsen		Ålesund SK	<u>165,0</u>	<u>170,0</u>	<u>180,0</u>	<u>100,0</u>	<u>130,0</u>	<u>130,0</u>	270,0	<u>210,0</u>	<u>220,0</u>	---	490,0	2		321,53800	6
84,4	90	U		Christian Furuhaug		Hommersåk AK	<u>175,0</u>	<u>190,0</u>	<u>190,0</u>	<u>102,5</u>	<u>105,0</u>	<u>110,0</u>	285,0	<u>185,0</u>	<u>190,0</u>	---	470,0	3		310,67000	8

Hoveddommer

Sidedommer

Sidedommer

Protokoll sendes NSF
innen 1 uke etter stevnet

Side: 1

Pål Nilsen

Morten Novum

Stig Allergodt

Rekorder avmerkes i protokollen!

Av 2 sider



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Kr. vekt	Vekt kl.	A. Gr.	St. nr.	Navn	Lisens nummer	Lag	KNEBØY			BENKPRESS			MARKLØFT			SUM	Nr.	EXTRA 4. LØFT	POENGSUM	Nr.	
							1	2	3	1	2	3	SUM	1	2	3					TOT
98,5	100	U		Robin W. Skarbø		Ålesund SK	215,0	225,0	235,0	130,0	137,5	137,5	365,0	215,0	230,0	235,0	600,0	1		367,38000	2
90,7	100	U		Jon Helge Groven		Fræna AK	170,0	190,0	200,0	110,0	117,5	122,5	322,5	180,0	200,0	210,0	532,5	2		338,61675	4
106,9	110	U		Øyvind Hauggrav		Ottestad K & S	225,0	235,0	242,5	200,0	200,0	207,5	435,0	255,0	270,0	272,5	707,5		280,0	420,18425	1
106,0	110	U		Ragnar Ekle		Stavanger SK	450,0	150,0	160,0	85,0	85,0	85,0	245,0	175,0	180,0	200,0	445,0	2		265,04200	10
73,8	75	JR		Eddy Authen		Askim SK	200,0	210,0	220,0	110,0	115,0	117,5	327,5	215,0	220,0	225,0	547,5	1		394,58325	3
87,6	90	JR		Tony Pettersen		Brumunddal AK	185,0	200,0	205,0	135,0	140,0	140,0	345,0	185,0	200,0	205,0	550,0	1		356,12500	5
95,7	100	JR		Jørgen A. Hansen		Oslo SK	270,0	282,5	—	470,0	170,0	175,0	457,5	240,0	250,0	260,0	717,5	1		444,85000	2
96,9	100	JR		Vegard S. Færås		Oslo SK	190,0	220,0	230,0	150,0	160,0	165,0	390,0	200,0	210,0	220,0	610,0	2		376,12600	4
97,5	100	JR		Martin S. Indrelid		Oslo SK	200,0	200,0	200,0	140,0	147,5	155,0	355,0	210,0	245,0	—	565,0	3		347,47500	6
92,8	100	JR		Kenneth Nesvik		Hommersåk AK	200,0	215,0	215,0	130,0	135,0	140,0	350,0	200,0	—	—	550,0	4		345,84000	7
96,7	100	JR		Kristian Kolstad		KK-67	470,0	470,0	470,0	120,0	127,5	132,5	132,5	190,0	205,0	217,5	---	---		---	
114,9	125	JR		Håkon Farstad		Fræna AK	280,0	295,0	300,0	480,0	180,0	185,0	485,0	285,0	300,0	300,0	770,0	1		447,52400	1
113,2	125	JR		Ulrik Fredrik Thyve		Oslo SK	210,0	215,0	225,0	135,0	142,5	150,0	365,0	215,0	225,0	227,5	580,0	2		338,48800	8

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innen 1 uke etter stevnet

Side: 2

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							1	2	3	1	2	3	SUM	1	2	3				TOT	Nr.
64,9	67,5	U		May Gulbrandsen		Sande KK	<u>90,0</u>	<u>97,5</u>	<u>100,0</u>	<u>57,5</u>	<u>62,5</u>	<u>65,0</u>	162,5	<u>405,0</u>	<u>105,0</u>	<u>140,0</u>	267,5	1	280,95525	1	
56,3	60	U		Gro Johansen		Sande KK	<u>92,5</u>	<u>95,0</u>	<u>102,5</u>	<u>42,5</u>	<u>42,5</u>	<u>45,0</u>	137,5	<u>85,0</u>	<u>90,0</u>	<u>90,0</u>	227,5	1	266,56175	2	
67,8	75	U		Marthe Ås		Fræna AK	<u>50,0</u>	<u>55,0</u>	<u>62,5</u>	<u>40,0</u>	<u>42,5</u>	<u>42,5</u>	95,0	<u>95,0</u>	<u>100,0</u>	<u>105,0</u>	200,0	1	<u>110,0</u>	203,48000	3
64,9	67,5	U		Celina K.Tunstrøm		Sande KK	<u>95,0</u>	<u>100,0</u>	<u>105,0</u>	<u>72,5</u>	<u>72,5</u>	<u>72,5</u>	100,0	---	---	---	---	---	---	---	
106,9	110	U		Øyvind Hauggrav		Ottestad K & S	<u>225,0</u>	<u>235,0</u>	<u>242,5</u>	<u>200,0</u>	<u>200,0</u>	<u>207,5</u>	435,0	<u>255,0</u>	<u>270,0</u>	<u>272,5</u>	707,5		<u>280,0</u>	420,18425	1
98,5	100	U		Robin W. Skarbø		Ålesund SK	<u>215,0</u>	<u>225,0</u>	<u>235,0</u>	<u>125,0</u>	<u>137,5</u>	<u>137,5</u>	360,0	<u>215,0</u>	<u>230,0</u>	<u>235,0</u>	595,0	1		364,31850	2
85,8	90	U		Martin Ringsrud		Brumunddal AK	<u>495,0</u>	<u>200,0</u>	<u>240,0</u>	<u>140,0</u>	<u>150,0</u>	<u>155,0</u>	355,0	<u>185,0</u>	<u>195,0</u>	<u>200,0</u>	555,0	1		363,46950	3
90,7	100	U		Jon Helge Groven		Fræna AK	<u>170,0</u>	<u>190,0</u>	<u>200,0</u>	<u>110,0</u>	<u>117,5</u>	<u>122,5</u>	322,5	<u>180,0</u>	<u>200,0</u>	<u>240,0</u>	532,5	2		338,61675	4
66,9	67,5	U		Jonas Ås		Fræna AK	<u>130,0</u>	<u>140,0</u>	<u>140,0</u>	<u>90,0</u>	<u>100,0</u>	<u>105,0</u>	245,0	<u>160,0</u>	<u>170,0</u>	<u>177,5</u>	415,0	1		322,28900	5
85,5	90	U		Rune Larsen		Ålesund SK	<u>465,0</u>	<u>170,0</u>	<u>180,0</u>	<u>100,0</u>	<u>130,0</u>	<u>130,0</u>	270,0	<u>210,0</u>	<u>220,0</u>	---	490,0	2		321,53800	6
67,4	67,5	U		Kristian Fatland		Hommersåk AK	<u>145,0</u>	<u>155,0</u>	<u>165,0</u>	<u>85,0</u>	<u>90,0</u>	<u>90,0</u>	245,0	<u>145,0</u>	<u>155,0</u>	<u>165,0</u>	410,0	2		316,47900	7
84,4	90	U		Christian Furuhaug		Hommersåk AK	<u>175,0</u>	<u>190,0</u>	<u>190,0</u>	<u>102,5</u>	<u>105,0</u>	<u>110,0</u>	285,0	<u>185,0</u>	<u>190,0</u>	---	470,0	3		310,67000	8
66,0	67,5	U		Magnus Jessen		Skogn IL	<u>130,0</u>	<u>140,0</u>	<u>140,0</u>	<u>75,0</u>	<u>77,5</u>	<u>85,0</u>	215,0	<u>135,0</u>	<u>145,0</u>	<u>145,0</u>	350,0	3		274,82000	9
106,0	110	U		Ragnar Ekle		Stavanger SK	<u>150,0</u>	<u>150,0</u>	<u>160,0</u>	<u>85,0</u>	<u>85,0</u>	<u>85,0</u>	245,0	<u>175,0</u>	<u>180,0</u>	<u>200,0</u>	445,0	2		265,04200	10
114,9	125	JR		Håkon Farstad		Fræna AK	<u>280,0</u>	<u>295,0</u>	<u>300,0</u>	<u>180,0</u>	<u>180,0</u>	<u>185,0</u>	485,0	<u>285,0</u>	<u>300,0</u>	<u>300,0</u>	770,0	1		447,52400	1
95,7	100	JR		Jørgen A. Hansen		Oslo SK	<u>270,0</u>	<u>282,5</u>	---	<u>170,0</u>	<u>170,0</u>	<u>175,0</u>	457,5	<u>240,0</u>	<u>250,0</u>	<u>260,0</u>	717,5	1		444,85000	2
73,8	75	JR		Eddy Authen		Askim SK	<u>200,0</u>	<u>210,0</u>	<u>220,0</u>	<u>110,0</u>	<u>115,0</u>	<u>117,5</u>	327,5	<u>215,0</u>	<u>220,0</u>	<u>225,0</u>	547,5	1		394,58325	3
96,9	100	JR		Vegard S. Færås		Oslo SK	<u>190,0</u>	<u>220,0</u>	<u>230,0</u>	<u>150,0</u>	<u>160,0</u>	<u>165,0</u>	390,0	<u>200,0</u>	<u>210,0</u>	<u>220,0</u>	610,0	2		376,12600	4
87,6	90	JR		Tony Pettersen		Brumunddal AK	<u>185,0</u>	<u>200,0</u>	<u>205,0</u>	<u>135,0</u>	<u>140,0</u>	<u>140,0</u>	345,0	<u>185,0</u>	<u>200,0</u>	<u>205,0</u>	550,0	1		356,12500	5
97,5	100	JR		Martin S. Indrelid		Oslo SK	<u>200,0</u>	<u>200,0</u>	<u>200,0</u>	<u>140,0</u>	<u>147,5</u>	<u>155,0</u>	355,0	<u>210,0</u>	<u>215,0</u>	---	565,0	3		347,47500	6
92,8	100	JR		Kenneth Nesvik		Hommersåk AK	<u>200,0</u>	<u>215,0</u>	<u>215,0</u>	<u>130,0</u>	<u>135,0</u>	<u>140,0</u>	350,0	<u>200,0</u>	---	---	550,0	4		345,84000	7
113,2	125	JR		Ulrik Fredrik Thyve		Oslo SK	<u>210,0</u>	<u>215,0</u>	<u>225,0</u>	<u>135,0</u>	<u>142,5</u>	<u>150,0</u>	365,0	<u>215,0</u>	<u>225,0</u>	<u>227,5</u>	580,0	2		338,48800	8
96,7	100	JR		Kristian Kolstad		KK-67	<u>170,0</u>	<u>170,0</u>	<u>170,0</u>	<u>120,0</u>	<u>127,5</u>	<u>132,5</u>	132,5	<u>190,0</u>	<u>205,0</u>	<u>217,5</u>	---	---	---	---	